

FEBRUARY 2020 - Menus



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Grades 9-12 Lunch

MENUS ARE SUBJECT TO CHANGE

<p>2-3 Bean & Cheese Chimichanga - V Mexicali Salad - V Crunchy Tortilla Chips Toasted Cheese Sandwich - V Tangy Salsa Cup Sweet Corn or Roasted Corn or Street Corn Fruit - S Fruit Juice</p>	<p>2-4 Grande Cheeseburger Chicken Caesar Salad & Cheesy Bread Deli Turkey & Cheese Sandwich PFresh Garden Salad OR Lettuce & Tomato Roasted Potato Wedges Fruit Cup Frozen Juice Cup</p>	<p>2-5 WG Pepperoni Pizza Wedge or Hawaiian Pizza Chinese Chicken Salad Aloha Roll Pastrami & Cheese Croissant Petite Baby Carrots - S Fiesta Pinto Beans or Campfire Baked Beans Fruit Cup Fruit Juice</p>	<p>2-6 Oven Fried Chicken Drumstick Aloha Roll Chicken Caesar Salad & Cheesy Bread Yellow Submarine Sandwich Celery Sticks <i>New!</i> Mashed Potato Corn N' Gravy or Sweet Corn Fruit Cup Fruit Juice</p>	<p>2-7 Teriyaki Beef Dipper Rice Bowl Chinese Chicken Salad Aloha Roll Classic Tuna Sandwich Petite Baby Carrots - S Broccoli Buds Fruit - S Fruit Juice</p>
<p>2-10 Nacho Pretzel Pocket - V Mexicali Salad - V Crunchy Tortilla Chips Toasted Cheese Sandwich - V Petite Baby Carrots - S Sweet Corn or Roasted Corn or Street Corn Fruit - S Fruit Juice</p>	<p>2-11 Teriyaki Beef Sandwich Chicken Caesar Salad & Cheesy Bread Deli Turkey & Cheese Sandwich Fresh Garden Salad Fiesta Pinto Beans or Campfire Baked Beans Fruit Cup Frozen Juice Slush</p>	<p>2-12 Turkey & Mashed Potato Bowl Aloha Roll Chinese Chicken Salad Aloha Roll Pastrami & Cheese Croissant Petite Baby Carrots Creamy Mashed Potatoes Fresh Orange Variety (Cara Cara Orange, Blood Orange) or Cara-Blood Orange Halves Fruit Juice</p>	<p>2-13 <i>New!</i> Mac N' Cheese & Beef Links Cornbread Chicken Caesar Salad & Cheesy Bread Yellow Submarine Sandwich Celery Sticks Sweet Corn OR Roasted Corn OR Street Corn Fruit Cup Fruit Juice</p>	<p>2-14 <i>New!</i> Buffalo Wings & Cheesy Bread Chinese Chicken Salad Aloha Roll Classic Tuna Sandwich Petite Baby Carrots - S Waffle Cut Fries Fruit Cup Fruit Juice</p>
<p>2-17 PRESIDENTS DAY HOLIDAY</p>	<p>2-18 Oven Fried Chicken Drumstick Aloha Roll Yogurt & Granola Toasted Cheese Sandwich Petite Baby Carrots - S <i>New!</i> Mashed Potato Corn N' Gravy OR Sweet Corn Fruit Cup Frozen Juice Slush</p>	<p>2-19 Zesty Beef Chalupa with Spanish Rice or Bean & Cheese Pupusa Chinese Chicken Salad Aloha Roll Pastrami & Cheese Croissant Tangy Salsa Cup Mini Potato Tots Fruit Cup Fruit Juice</p>	<p>2-20 Mini Chicken Corn Dogs Chicken Caesar Salad & Cheesy Bread Yellow Submarine Sandwich Fresh Garden Salad Ruffle Fries Fruit - S Fruit Juice</p>	<p>2-21 Cherry Blossom Chicken Bowl Chinese Chicken Salad Aloha Roll Classic Tuna Sandwich Petite Baby Carrots - S Broccoli Buds Fruit - S Fruit Juice</p>

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

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<p>2-24</p> <p>Possible Burger - V Mexicali Salad - V Crunchy Tortilla Chips Toasted Cheese Sandwich - V Petite Baby Carrots - S Sweet Corn or Roasted Corn or Street Corn Fruit - S Fruit Juice</p>	<p>2-25</p> <p>Chicken Tenders, Homestyle Southern Buttermilk Biscuit Chicken Caesar Salad & Cheesy Bread Deli Turkey & Cheese Sandwich Fresh Garden Salad or Lettuce & Tomato Fiesta Pinto Beans or Campfire Baked Beans Fruit Cup Frozen Juice Cup</p>	<p>2-26 <i>New!</i></p> <p>Beefy Hot Sandwich Chinese Chicken Salad Aloha Roll Pastrami & Cheese Croissant Petite Baby Carrots - S Roasted Potato Wedges Fruit Cup Fruit Juice</p>	<p>2-27</p> <p>Nacho Dip & Chips or Taco Bean Dip Crunchy Tortilla Chips Chicken Caesar Salad & Cheesy Bread Yellow Submarine Sandwich Fresh Garden Salad Sweet Corn OR Roasted Corn OR Street Corn Fruit - S Fruit Juice</p>	<p>2-28</p> <p>Beef & Cheese Taco Burrito AND/OR <i>New!</i> Fish Nuggets Aloha Roll Chinese Chicken Salad Aloha Roll Classic Tuna Sandwich Petite Baby Carrots - S <i>New!</i> Mashed Potato Corn N' Gravy OR Sweet Corn Fruit - S Fruit Juice</p>

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Posted 01/17/20

All of the Grain/Bread items served are Whole Grain Rich.

Per USDA, students MUST take at least 3 components as part of their lunch (one must be a fruit or vegetable).

S: Items with an (S) can be saved for later **V:** Vegetarian items

** Farm Fresh Fruits: Apple, Orange, Banana

Daily Options: All Star Turkey Hot Dog*, Grande Burger*, Golden Chicken Filet Sandwich*, WG Cheese Pizza Wedge, Yogurt & Granola, Vegan Burrito, Yogurt Parfait & Wholesome Granola and Smokin BBQ Rib Sandwich*

*Tuesday-Friday Only

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